

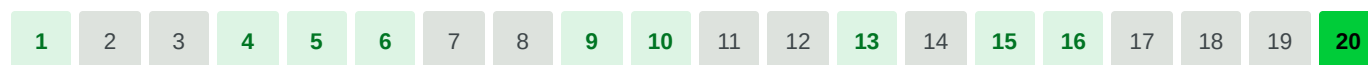


Beginner 1

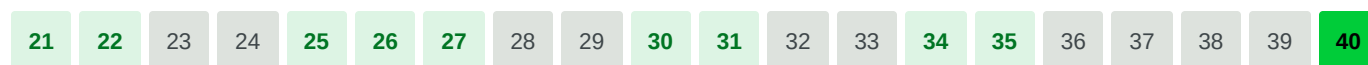
Beginner Roadmap to Sign Language Success

Forty weeks from the alphabet to full conversations. Each week names what you teach, what happens in the room, and what students record on their own.

Weeks 1–20, closing with the midterm



Weeks 21–40, closing with the final exam



☐ Instruction week
 ☐ Includes a quiz
 ☒ Exam week

The weekly routine

From Week 3 onward, these five run every week alongside whatever else the week calls for. They are listed once here rather than repeated forty times.

- Identify handshape and location of taught lessons
- Practice learned vocabulary with a partner
- Practice sentence translations
- Handshape and location games
- Engage in short ASL conversations with new words

Standing homework

Due every week from Week 2, on top of that week's recording task.

- Complete the ASLdeafined activities for every lesson taught that week

First term

Weeks 1–20

Week	Lessons	In class	Homework
1	■ Deaf Awareness Quiz — review answers on the quiz assessment ■ Alphabet ■ Meet & Greet ■ Numbers 1–20	● Complete the Deaf Awareness Quiz ● Practice fingerspelling each other's names ● Fingerspell and sign exchange ● Fingerspell phone game	● Complete the ABC's and Meet & Greet activities on ASLdeafined ● Record an expressive video signing the ABC's, with correct hand posture ● Record yourself signing numbers 1–20 correctly
2	■ Alphabet (review) ■ Colors ■ Math Number Challenge 1 student-led ■ Covid Experience Storytime student-led ■ Handshapes & locations — introduction	● Students review the ABC's ● Students count 1–20 with a partner ● Students share their favorite and least favorite color	● Record yourself fingerspelling, then signing, 10 different colors
3	■ Survival Words ■ Deaf Culture 1 student-led ■ Family ■ Pronouns ■ Fingerspelling 1 student-led	● <i>The weekly routine</i>	● Record yourself introducing your immediate family by fingerspelling their names, and say who they are. MY MOM HER NAME S-U-S-A-N This introduces indexing.
4	■ Verb 1 ■ Antonyms & Synonyms 1 student-led ■ Classroom Essentials 1 ■ Handshape Quiz 1 assessment	● Review for Quiz 1 ● <i>Plus the weekly routine</i>	● Record yourself fingerspelling each word, then signing it. Watch it back: is the fingerspelling clear? Too fast or too slow? How are the parameters of the signs?
5	■ Quiz 1 assessment ■ Question Words ■ Famous Deaf People 1 — Thomas Gallaudet student-led ■ Classroom Essentials 2	● <i>The weekly routine</i>	● Record yourself signing sentences using 10 question words, then watch it back. Are your eyebrows matching the sign? Non-manual markers are essential to ASL grammar.

Week	Lessons	In class	Homework
6	■ Grammar Quiz 1 assessment ■ My Life Storytime student-led ■ Time 1 ■ Emotions	● Play BINGO with the Emotions vocabulary ● <i>Plus the weekly routine</i>	● Record yourself using 10 signs from Time 1 in complete sentences. Remember: in ASL grammar, time goes first.
7	■ Deaf Culture 2 student-led ■ Clothing ■ Animals 1	● Students fingerspell vocabulary to a partner, who signs the term back ● <i>Plus the weekly routine</i>	● Record yourself walking through a petting zoo. What animals do you see? How do they move? What do they look like? This introduces classifiers.
8	■ Verb 2 ■ Gallaudet Storytime student-led ■ Deaf History 1	● Students analyze the storytime in groups and discuss new vocabulary ● <i>Plus the weekly routine</i>	● Record a video using a different time element, pronoun and verb from this lesson. Start combining words from earlier lessons with new ones. English: I attended my work picnic yesterday. ASL: YESTERDAY WORK PICNIC ME ATTEND
9	■ Beverages 1 ■ Antonyms & Synonyms 2 student-led ■ Quiz 2 assessment	● Review for Quiz 2 ● <i>Plus the weekly routine</i>	● Record which beverages you like, which you don't, and which you have never tried. Make sure your facial expressions match your signed output.
10	■ Location Quiz 1 assessment ■ Famous Deaf People 2 student-led ■ Human Body	● <i>The weekly routine</i>	● Record yourself fingerspelling each word from Human Body, then pointing to it on your body. Watch it back — was your fingerspelling clear?
11	■ Numbers 21–40 ■ Math Number Challenge 2 student-led ■ House	● <i>The weekly routine</i>	● Record a video describing the rooms in your house. Which is cleanest? Dirtiest? Which needs the most improvement? Which is biggest? Which is prettiest?

Week 12	Lessons - Food 1 - Growing Up Storytime student-led - Deaf Culture 3	In class - Play Pictionary with the Food 1 vocabulary - Plus the weekly routine	Homework Record a video discussing what you would eat for breakfast, lunch and dinner, using vocabulary from Food 1.
Week 13	Lessons - Fingerspelling 2 student-led - Verb 3 - Handshape Quiz 2 assessment	In class - Practice flash sentences — sign in ASL, students write it in English grammar - Plus the weekly routine	Homework Pick 10 verbs from Verb 3. Record yourself fingerspelling each word, then signing it. For extra practice, find a synonym for each. Check the dictionary for help with new signs.
Week 14	Lessons - Antonyms & Synonyms 3 student-led - Seasons & Days of the Week - Adjectives (size)	In class - Play BINGO with the Adjectives (size) vocabulary - Plus the weekly routine	Homework Record yourself signing each day of the week and what you do that day. Do you go to class — which one? Which day do you grocery shop? Do laundry? Clean the house?
Week 15	Lessons - Famous Deaf People 3 — William Ellsworth “Dummy” Hoy student-led - Quiz 3 assessment - Numbers 41–60	In class - Practice counting 1–60 with a partner - Plus the weekly routine	Homework Record yourself discussing three facts about William Ellsworth “Dummy” Hoy.
Week 16	Lessons - Grammar Quiz 2 assessment - Deaf Coffee Storytime student-led - Rooms in a House	In class - Play Race to the Finish with the Rooms in a House vocabulary - Plus the weekly routine	Homework In a recorded video, discuss which room in your house is cleanest, messiest, most in need of improvement, biggest and prettiest.
Week 17	Lessons - Math Number Challenge 3 student-led - Feelings - Verb 4	In class - Practice flash sentences — sign in ASL, students write it in English grammar - Plus the weekly routine	Homework Record yourself gesturing these words. Facial expressions only — no signing: thirsty, lost, cold, confident, confused, disgusted, alive, passionate.
Week 18	Lessons - Antonyms & Synonyms 4 student-led - Prepositions - Food 2	In class - Play Telephone with the Prepositions vocabulary - Plus the weekly routine	Homework Record yourself explaining how objects in your living room or kitchen relate to each other. Can you explain and describe them?

Week	Lessons	In class	Homework
19	New Book Storytime student-led Action Verbs 1 Review	Review for the midterm <i>Plus the weekly routine</i>	Write 10 sentences in English, then translate them into ASL using vocabulary from this lesson. Each sentence needs at least one action verb.

Week 20

Midterm

Second term Weeks 21–40

Week	Lessons	In class	Homework
Week 21	- Character - Deaf History 2 Quiz 4 assessment - Directional Verbs	- Discuss Deaf history <i>Plus the weekly routine</i>	Record yourself signing about 10 family members and matching a character trait to each. Include their relation to you and their name.
Week 22	- Hiphop LOL Storytime student-led Location Quiz 2 assessment - Numbers 61–80 - Math Number Challenge 4 student-led	- Students analyze the storytime in groups and discuss new vocabulary <i>Plus the weekly routine</i>	Have someone call out random numbers between 0 and 80 while you record yourself signing them. How many did you get right? Were you nervous? How can you improve?
Week 23	- Famous Deaf People 4 — Chuck Baird student-led - Fruits & Veggies - Places	- Play Pictionary with the Fruits & Veggies vocabulary <i>Plus the weekly routine</i>	You are planning a weekend for your family. Pick four places you will go. Where are you going? Who is with you? How will you get there? Be descriptive — aim for about two minutes.
Week 24	- Adverbs 1 - Strange Man Storytime student-led - Deaf Culture 4 - Verbs 5	- Play Charades with the Verbs 5 vocabulary <i>Plus the weekly routine</i>	Record yourself fingerspelling and signing each word in this lesson, clearly. Watch it back. What are you doing well? What can you improve?
Week 25	- Antonyms & Synonyms 5 student-led - Time 2 - Kitchen Handshape Quiz 3 assessment	- Practice flash sentences — sign in ASL, students write it in English grammar <i>Plus the weekly routine</i>	Record yourself signing 10 different times of day, including a.m. or p.m. Sign a.m. as A-M or MORNING; p.m. as P-M, AFTERNOON or NIGHT. Watch it back — is the time of day clear, or do you need a retake?
Week 26	- Calendar - Dad's Farm Storytime student-led Quiz 5 assessment - Hair Descriptions	- Take turns describing other students' and teachers' hair as a class <i>Plus the weekly routine</i>	Record yourself introducing your family and their birthdates. MY MOM S-U-S-A-N BIRTHDAY JULY 29 Don't forget any pets.

Week 27	Lessons ■ Grammar Quiz 3 assessment ■ Famous Deaf People 5 — Helen Keller student-led ■ Numbers 81–100 ■ Math Number Challenge 5 student-led	In class ● Practice counting 1–100 with a partner ● <i>Plus the weekly routine</i>	Homework ● Record yourself signing three facts about Helen Keller.
Week 28	Lessons ■ Symptoms of Illness 1 ■ Grocery Store ■ Possessed iPad Storytime student-led ■ Extended Family	In class ● Play Race to the Finish with the Extended Family vocabulary ● <i>Plus the weekly routine</i>	Homework ● Record yourself signing about a time you visited the doctor's office or hospital. How did it make you feel? Were you nervous? Afterward, were you glad you went?
Week 29	Lessons ■ Living Room ■ Clothing Descriptions ■ Verbs 6 ■ Antonyms & Synonyms 6 student-led	In class ● Describe a mystery student's clothing while the class guesses who it is ● <i>Plus the weekly routine</i>	Homework ● Without looking anything up, record yourself giving synonyms for 10 words from Verb 6. Can you identify words that would work in their place?
Week 30	Lessons ■ Food 3 ■ Religion 1 ■ Deaf History 3 ■ Quiz 6 assessment	In class ● <i>The weekly routine</i>	Homework ● Record yourself discussing what a worship service would look like if you planned it. Would you have music? Children's time? Sunday school? Prayer before the service?
Week 31	Lessons ■ Location Quiz 3 assessment ■ Sports ■ Toys	In class ● Play BINGO with the Toys vocabulary ● <i>Plus the weekly routine</i>	Homework ● Record yourself signing about the sport you would play professionally and why you love it. If you don't like sports, what puts you off? Did you not play growing up?
Week 32	Lessons ■ Famous Deaf People 6 — Laurent Clerc & Deanne Bray student-led ■ Bathroom ■ Celebrations ■ Domestic Pets	In class ● Students discuss which celebrations they take part in with a partner ● <i>Plus the weekly routine</i>	Homework ● Record yourself signing about which domestic pets you would love to have, and why.

Week 33	Lessons ■ Psychology Storytime student-led ■ Deaf Culture 5 ■ Fingerspelling 3 student-led ■ Clothing Accessories	In class ● <i>The weekly routine</i>	Homework ● Record yourself signing about the clothing accessories you use most. Where do you usually buy them?
Week 34	Lessons ■ Bedroom ■ Winter ■ Quiz 7 assessment ■ Handshape Quiz 4 assessment	In class ● Practice flash sentences — sign in ASL, students write it in English grammar ● <i>Plus the weekly routine</i>	Homework ● Record yourself signing about your favorite winter memory — a vacation, your first time skiing, your first snowmobile. Aim for at least two minutes. The more detail, the better.
Week 35	Lessons ■ Grammar Quiz 4 assessment ■ Messed Up Names Storytime student-led ■ Around the House	In class ● <i>The weekly routine</i>	Homework ● Record yourself describing the perfect outdoor space around a house of your own. Use as much lesson vocabulary as you can, and add anything else you want — if you don't know a term, challenge yourself and fingerspell it.
Week 36	Lessons ■ Numbers in Hundreds ■ Math Number Challenge 6 student-led ■ Age ■ Weather 1	In class ● Play Telephone with the Age vocabulary ● <i>Plus the weekly routine</i>	Homework ● Record yourself signing about weather you don't like. What makes you uncomfortable? Lightning? Driving in snow?
Week 37	Lessons ■ School Storytime student-led ■ Symptoms of Illness 2 ■ Verbs 7	In class ● With a partner, fingerspell the vocabulary and have them give the sign back ● <i>Plus the weekly routine</i>	Homework ● Record yourself fingerspelling a verb from Verbs 7 and signing its opposite. For example, fingerspell D-E-S-T-R-O-Y, then sign BUILD.
Week 38	Lessons ■ Antonyms & Synonyms 7 student-led ■ Time 3 ■ Professionals 1 ■ Age & Years	In class ● Practice flash sentences — sign in ASL, students write it in English grammar ● <i>Plus the weekly routine</i>	Homework ● Record yourself signing what you do on every day, Monday through Sunday.

Week	Lessons	In class	Homework
39	■ Transportation ■ Deaf Dog Storytime student-led ■ Thanksgiving	● Review for the final exam ● <i>Plus the weekly routine</i>	● Record yourself signing about a memorable Thanksgiving. What did you eat? Where were you? Who was with you? What made it memorable? What did you enjoy?

Week 40

Final exam