

LEARNING SUPPORT ACTIVITIES

ADHD Teacher Guide

Purpose

Practical classroom strategies, accommodations, printable learning support ideas, and assessment options designed specifically for ASL teachers working with students who have ADHD.

What is ADHD?

Attention-Deficit/Hyperactivity Disorder (ADHD) is a neurodevelopmental condition that may affect attention, impulse control, organization, and activity level. Students with ADHD are capable learners who often thrive with structure, visual supports, movement opportunities, and engaging instruction.

Student Strengths

- Creative
- Energetic
- Excellent visual thinker
- Hands-on learner
- Participates willingly
- Thinks outside the box

Teaching Strategies

- Chunk lessons into smaller parts
- Give one direction at a time
- Alternate receptive and expressive activities
- Provide movement breaks
- Use visual schedules and timers
- Repeat key information

Learning Support Activities

- Two-choice worksheets
- Picture matching
- Guided note sheets
- Color-coded fingerspelling
- Reduced vocabulary practice

Assessment Ideas

- Observation checklists
- Video responses
- One-on-one assessments
- Shorter assessment sessions

Things to Avoid

- Long lectures
- Multiple directions at once
- Publicly calling attention to off-task behavior
- Assuming inattention equals lack of understanding

Remember

Every student is unique. Use these strategies together with each student's IEP, Section 504 Plan, school policies, and professional judgment. The goal is not to lower expectations, but to provide meaningful access to learning.