

ALPHABET A-Z

Assessment Ideas for ADHD Students

Purpose

Alternative assessment ideas for the Alphabet A-Z lesson, designed to help students with ADHD demonstrate fingerspelling skill without the barriers of a traditional written test.

Point

- Show 3-4 handshape images; teacher fingerspells a letter and student points to the match
- "Point to the letter that starts [word]" using a picture cue

Match

- Match fingerspelled letter cards to printed alphabet letters
- Alphabet memory/concentration game — flip two cards, find the matching handshape
- Match a handshape photo to its correct letter on an A-Z chart

Teacher Observation

- Track handshape accuracy during daily fingerspelling warm-ups
- Keep a running checklist noting which letters are solid vs. still forming (e.g. M/N/T, K/P)
- Observe during "letter of the day" review routines rather than a formal quiz

One-on-One

- Quick individual check: teacher fingerspells a short 2-3 letter chunk, student identifies it
- Flip through flashcards privately at a table instead of in front of the group

Video

- Student records themselves fingerspelling A-Z (or a subset) and submits the clip
- Allows a retake if their hands "get ahead" of their brain — common with ADHD and fine motor sequencing

Partner

- Partner quiz: one fingerspells a letter, the other identifies it, then switch roles
- Letter scavenger hunt: one partner holds up a letter card, the other produces the handshape

Remember

The goal is to find out which letters a student has mastered and which still need practice — not to test how well they can sit still and write. Choose the format that lets their true skill show through.